

TABLE 1

Revised Child Anxiety and Depression Scale (*RCADS-15*)
Abbreviated Item Content and Proposed Disorder

| | | |
|----|------------|-------------------------------------|
| 1 | <i>SAD</i> | Scared if I have to sleep on own |
| 2 | <i>SAD</i> | Afraid of on my own at home |
| 3 | <i>SAD</i> | Afraid of crowded places |
| 4 | <i>GAD</i> | Something will happen to family |
| 5 | <i>GAD</i> | Something bad will happen |
| 6 | <i>GAD</i> | I think about death |
| 7 | <i>PD</i> | Tremble or shake |
| 8 | <i>PD</i> | Suddenly become dizzy or faint |
| 9 | <i>PD</i> | Suddenly get a scared feeling |
| 10 | <i>SOC</i> | Worry when done poorly |
| 11 | <i>SOC</i> | Worry what other people think of me |
| 12 | <i>SOC</i> | Fool of myself in front of people |
| 13 | <i>OCD</i> | Have to think special thoughts |
| 14 | <i>OCD</i> | Do things over and over again |
| 15 | <i>OCD</i> | Do things in just the right way |

Note. *SAD* = separation anxiety disorder; *GAD* = generalized anxiety disorder; *PD* = panic disorder; *SOC* = social phobia; *OCD* = obsessive-compulsive disorder.